## **CLAIMS**

## I claim:

5 1. A support ball comprising:

a substantially spherical shaped ball, made of impact-resistant material, with a plurality of channels penetrating said ball from the surface thereon, at least a pair of said channels being threaded, so as to be capable of mating with a bolt or machine screw, or similar male threaded fastener.

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2. The support ball of Claim 1, wherein said pair of threaded channels is positioned such that each threaded channel is arranged on the opposite side of said ball from the other threaded channel, with both channels in alignment with each other.

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3. The support ball of Claim 1, wherein said ball is constructed entirely of highimpact resistant polyethylene, except for steel threads within said pair of threaded channels.

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4. The support ball of Claim 1, wherein said ball has a plurality of sculpted areas, two of said areas being arranged on opposite sides of the ball, to accommodate a bicycle fork straddling said ball at the location of said sculpted areas.

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- 5. The support ball of Claim 4, wherein said opposably arranged sculpted areas each surrounds a threaded channel.
- 6. The support ball of Claim 1, wherein said ball is substantially hollow.

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7. The support ball of Claim 1, wherein said threaded channels are arranged such that they can align with the openings in a bicycle fork, and attached to the inside of said fork by means of male threaded fasteners threaded through said openings, and into said threaded channels.

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8. The support ball of Claim 1, wherein at least one threaded channel penetrates the entire ball from one side to the other, along a diameter of said ball.

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9. The use of the support ball of Claim 1, as attached to a bicycle in lieu of wheels.

10. The use of the support ball of Claim 1 on a trampoline.

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11. A support ball comprising:

a substantially spherical shaped ball, made of impact-resistant material, with
a plurality of threaded bolts fixedly attached to said ball and emanating
outward from the surface thereon, at least a pair of said bolts being located
on opposite sides of said ball, so as to be capable of being attached to the fork
of a bicycle, and fastened with a nut, or similar female threaded fastener.

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12. The support ball of Claim 11, wherein said ball is constructed entirely of high-impact resistant polyethylene, except for steel bolts.

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13. The support ball of Claim 11, wherein said bolts are grade 8 bolts with 3/8-24 thread.

14. The support ball of Claim 11, wherein said ball has a plurality of sculpted areas.

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15. The support ball of Claim 14, wherein two of said sculpted areas are arranged on opposite sides of the ball, to accommodate a bicycle fork straddling said ball at the location of said sculpted areas.

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- 16. The support ball of Claim 14, wherein said opposably arranged sculpted areas each surrounds a threaded bolt.
- 17. The support ball of Claim 11, wherein said ball is substantially hollow.

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18. The support ball of Claim 11, wherein said bolts are arranged such that they can align with the openings in a bicycle fork, and inserted therethrough, and attached to said fork by means of female threaded fasteners attached to said bolts at the outside of said fork.

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- 19. The use of the support ball of Claim 11, as attached to a bicycle in lieu of wheels.
- 20. The use of the support ball of Claim 11 on a trampoline.

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